

Primary Cross Country Competition

Year	Years 3 & 4 and Years 5 & 6 boys and girls
Venue	Astley Park
Team Size	4 runners in a Team
Squad Size	Minimum of 4 and max of 8 runners (A&B Teams) in age group races. Unlimited entries in the Fun Run
Gender	Boy's races & Girl's races
Format	There will be 4 races and a fun run: <ol style="list-style-type: none">1. Y5/6 Girls2. Y5/6 Boys3. Y3/4 Girls4. Y3/4 Boys5. Fun Run
Duration	The 1 st race will start at 10am with registration open from 8.45am. Competitors can leave after their race. The last race (fun run) starts at approx. 11.40am The event is scheduled to finish by midday.
Scoring	The first 4 runners to finish will count towards the overall team points
Equipment	Studs or spikes are recommended, and all children will be given a number.
Awards	Participation medals for all competitors. Gold/Silver/Bronze medals for top 3 individual and teams. Presentations will start at approximately 10.30am in between races.
Level 3	Not applicable

When taking part in any Chorley SSP Competition, all participants, teachers and spectators should adhere to the Fair Play, Friendship, Honesty & Respect Charter. A copy of this can be downloaded from our website: www.chorleyssp.co.uk
PLEASE RESPECT THE REFEREE. If a member of your staff or supporting party are deemed to be offending players, referees or members of the opposition then you, as the school representative, will be asked to resolve the incident in the first instance. If this matter is still not resolved then the organising committee (Chorley SSP) have the right to remove the offender/s from the tournament.

Further Information

Registration: Will be open from 8.45 when Team Managers (Teacher / TA or Parent) can collect race numbers. The numbers are sticky, so no pins required (but maybe helpful). The number is vital for scoring so please ensure it is secure and not folded.

Warm-up: Competitors in each race will be invited to the warm-up area in advance of the start of their race. Chorley SSP staff will lead a group warm-up. Competitors will then move directly from the warm-up area to the start area.

Start: School teams for each race will be called from the warm-up area to the start line in turn and must line up one behind the other at their allotted position, without encroaching on other teams' starting positions. Races will be started with a horn. A lead runner will guide the competitors.

Duration: The distance of each race is approximately 1 mile. However, weather conditions on the day of the competition may result in slight alterations to the course for safety reasons. A course map will be circulated prior to the event to all schools entered

Course: Overview of Year 5&6 Route

The course shall be clearly marked with tape or cones. The start area and finish area will be marked. Instructions issued by event officials or marshals must always be followed.

Please note that the course is subject to change, dependent on council permissions.

Scoring: Maximum of 8 runners per team with the first 4 runners to count towards the overall team points. In the event of a tie the team with the highest-placed 4th scoring runner will be deemed the winner.

Fun Run: All ages can participate, and you have unlimited entries. Children will still receive a race number and medal on completion. No results are recorded.

