

Online Resource

Safe Practice

in Physical Education,
School Sport and
Physical Activity



Safe Practice in Physical Education, School Sport and Physical Activity 2024

**The Association for Physical Education
is soon to Launch its Flagship Resource:**

The 2024 Edition of 'Safe Practice in Physical Education, School Sport and Physical Activity' is soon to be published, for the first time online, on the Association for Physical Education website at the end of September 2024.

It has been fully updated to reflect recent developments in legal practice, national guidance, statute law and case law and is an essential reference and developmental tool for everyone working within Physical Education School Sport and Physical Activity (PESSPA). It contains extensive information about what is considered best practice and can provide the basis for a school's health and safety policy, including risk assessments.

Through being online, it can be regularly updated to provide the most recent health and safety advice for school leaders, teachers, coaches, governors and the wider sector to protect their students and themselves from potential risks in the curriculum and across the wider education offer.



Chapters

- 1 Health and Safety law
- 2 Teaching Safely
- 3 Good Teaching is Safe Teaching
- 4 Equality, Diversity, and Inclusion
- 5 Activity-specific guidance
- 6 Health-Related Exercise
- 7 First Aid, Defibrillators and Sun Safety
- 8 Concussion
- 9 Sports Fixtures, Festival Tours & Club Links
- 10 Teaching Safety

“We set out to produce a clear, current and accessible document for everyone with 371 website links, 10 easier to navigate chapters and cross referenced indexing.

Questions asked by members to the H&S Team, over the past 4 years, have been woven into the relevant chapters alongside the answers and key learning points. Our aim is to continue to weave new Q&A’s into this online resource as we regularly update it. We can learn so much from questions asked by members and it will keep the resource dynamic.

Collaborating with a wide range of partners has been fundamental to the new look and we have received contributions from over 50 National Governing Bodies and 25 other partners who all work in the world of educating young people through Physical Education, School Sport and Physical Activity.

Our grateful thanks to everyone involved in this new exciting edition”

Jan Hickman and Nicky Scott

Joint authors and Health and Safety Officers for The Association for Physical Education

Safe Practice Reviews

Another dimension to this new publication is the section at the back of the document titled; 'Further Resources'. We have provided some good practice essentials, key templates which include Risk Assessment and Recruiting Sports Coaches. It is anticipated that we will build upon this initial section and share new materials with the aim of reducing the workload of colleagues in the field. We are delighted to have received the following comments from:

Lucy Supperstone



"We are happy as afPE's accrediting partner to support the release of the 2024 edition of Safe Practice in PE, School Sport and Physical Activity. As a the PE teaching association, afPE have shown great commitment to supporting their membership and their knowledge and expertise around safe practice in PE, school sport and physical activity has resulted in a trusted support tool for the sector. This edition is going to be even more accessible through the migration to online availability. This is a fantastic addition to a valuable tool that benefits so many of the workforce. Well done team afPE."

Shaun Dowling



"The afPE Safe Practice Handbook is an invaluable resource for us at United Learning. It is our "go to" for all health and safety matters so we ensure that every school in the Group has a copy for easy reference. The additional support of the helpline and monthly updates are excellent. You hope never to need them, but when you do their reassurance and advice is a great resource to be able to access."

Ali Oliver



"The Youth Sport Trust is committed to the wellbeing and safety of all children involved in play, sport and physical education. It is essential staff are trained and supported to create safe and inclusive environments which foster learning, develop skills, encourage teamwork, build confidence, and most importantly deliver positive experiences. The afPE Safe Practice guide is an invaluable resource for anyone involved in the delivery of Physical Education and sport in the school environment."



Safe Practice Reviews

Sue Wilkinson



“Elevate teaching and learning with the new unique 7th edition of Safe Practice in PE, School Sport, and Physical Activity. This definitive guide, now in an accessible online format, is an essential resource for the PESSPA workforce in educational settings that are committed to safety. Whether you're planning lessons, cross-referencing best practice, engaging in CPD, or verifying legal requirements, this resource is your go-to tool. Designed to support safe teaching and foster a secure learning environment, it's the key to ensuring every child and young person thrives in PE, school sports and physical activity. I can thoroughly recommend this latest afPE resource.”

Jeanne Keay



“afPE has been producing Safe Practice guidelines for all involved in PE and physical activity for many years and these documents have supported and helped many practitioners. This latest edition has expanded the content and has embraced the opportunities that an online version can offer. The authors have developed a flexible document that can be continuously updated to reflect legal and practical changes to practice. It will be a valuable source for all involved in providing physical education opportunities.”

Ian Carey



“The people who work across education are such an essential asset to getting young people active through physical education. The ‘Safe Practice in PESSPA’ produced by afPE is such an invaluable resource within the physical education sector, designed to help teachers, coaches and school governors protect their students and themselves from potential risks across both the curriculum and extra-curricular activities.”



Safe Practice Resource Cost

'Safe Practice in Physical Education, School Sport and Physical Activity 2024' resource is priced at just £40 for a standalone purchase without membership. This essential tool is continuously updated to meet the latest standards, this will be an annual fee on a resource that is constantly evolving. Alternatively, as an afPE member this resource will be available as part of the membership at reduced £20 uplift annually. Current members can easily upgrade their membership to include this resource for as little as £10, depending on their renewal date. We also offer significant discounts on bulk orders. For more information, please contact enquiries@afpe.org.uk

Safe Practice CPD Opportunities

If you are interested in CPD on 'Safe Practice in Physical Education, School Sport and Physical Activity', please contact Tom Banks - cpd@afpe.org.uk.

Examples of our H&S CPD offer include:

- A one day core package, face to face programme, for primary or secondary staff and or primary and secondary staff together.
- A half-day face to face specific programme for the primary and secondary workforce.
- A 1.5 hour after-school or in school 'refresher webinar' covering key H&S issues for departments or subject leaders.
- An ECT H&S webinar
- A partnership bespoke webinar
- School Governors webinar
- H&S Leads in Schools/Trusts webinar

If you would like further information on our exciting new CPD programme, Tom Banks @ afPE or Jan Hickman and Nicky Scott, co-authors of the new publication are happy to answer questions and arrange a bespoke programme to suit your needs.



For More Information
www.afpe.org.uk



For Further Assistance
01905 673 960



For any enquiries
enquiries@afpe.org.uk

